

Dementia

Dementia Friendly Cinema



Matinée provides dementia friendly cinema screenings across Derbyshire for people living with memory challenges, their family and friends.

They aim to create a sociable and friendly atmosphere and hope that all patrons will enjoy the film and activities that are provided. Matinée film screenings include a great or classic film (often a musical), refreshments (including cake!), and interval events such as singing or fun film related activities.

The screenings are dementia friendly in a range of ways, including: creating a welcoming and relaxed environment; keeping lights on low during the film; providing clear signage; having a quiet space available for use at all times; and making sure all our staff and volunteers have suitable training. All venues are wheelchair accessible, with appropriate facilities.

Matinée is an Arts Derbyshire Arts and Health project funded and supported by the Paul Hamlyn Foundation and Derbyshire County Council.

Please note: Matinée does not provide any personal care or supervision, and the events are not held in secure spaces.

All films start at 1:30pm (doors open at 1pm). For more information and the latest film schedule, please visit:
booking@matineederbyshire.org.uk
 or call us on 07449 732322.

Royal Visit for Derbyshire Carers

Derbyshire Carers Association were thrilled to welcome HRH The Princess Royal, Princess Anne when she visited the Ripley-based charity on Tuesday 15th January. Well-wishers lined the streets outside and shops had put up bunting and balloons. Highly regarded as a hard-working royal with a particular interest in carers and supporting their needs, she met with staff, volunteers and carers to hear more about the organisation.

Derbyshire carer, Victor Shaw-Wilson is 98 years old and cares for his wife Alycia, 88, who has complex health needs affecting her heart and kidneys. She is now battling bowel cancer too. He said, "My wife and I have had sixty years together. She is the most wonderful, beautiful woman. We laugh often and we find comfort in each other. I was so impressed upon meeting Princess Anne because she showed great compassion and empathy, she knew as much as a carer would know. It was a brilliant day!"

The Princess Royal stayed for over an hour at the charity, unveiling a plaque marking the milestone 30th birthday of Derbyshire Carers Association.



The charity's CEO, Narinder Sharma said, "This was a truly special day. All our staff are absolutely devoted to helping carers, giving them support and advice and ensuring that their wellbeing is protected. This can be a very demanding and unpredictable role. Carers are community heroes."



Derbyshire Carers Association supports almost twenty thousand carers, many of whom are considered 'carers in crisis', struggling to look after a disabled relative and suffering exhaustion and anxiety in the role. Some give round-the-clock support for a loved-one. This can be a rewarding and heartfelt role but it can also have a damaging impact on the carer's health. Many carers give up work to look after a loved one and struggle to manage the constant needs of the person they care for.



Derbyshire Carers Association cares for the carer. Providing carers' assessments, emergency planning, one-to-one support, events and respite opportunities, the charity is a lifeline for many of the county's most vulnerable and overlooked heroes.

Charity founder, Gerry Fryer, founded the organisation based on his experience as a lone carer. He felt that carers needed a voice and a service that was tailor-made to their needs. Gerry was awarded an MBE in 2001, recognition for his work done with carers locally, regionally and nationally. The charity has maintained Gerry's vision and continued to build more services to help carers.

For further information about the services offered by Derbyshire Carers Association,

Visit the website: www.derbyshirecarers.co.uk

Call: 01773 764992

Email: info@derbyshirecarers.co.uk

Pop in: 3 Park Road, Ripley, Derbyshire, DE5 3EF

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Advice for Carers

There are various Age UK information guides available for people who care, highlighting the support available for carers and the person they care for. One such guide is "Advice For Carers: A Practical Guide". Caring for a friend or relative can be a rewarding and fulfilling experience. It's also a big undertaking that, on occasion can leave you feeling tired and stressed. But there is support available.

This guide looks at both the practical side of caring – the benefits you can claim, how to arrange flexible working hours, how to organise respite care – and the emotional side, such as the impact on your health and social life. It aims to let you know where to go for help, so you don't feel you have to manage on your own.

For a copy of the guide visit one of our shops or

contact 01773 768240 or go to

www.ageuk.org.uk/services/information-advice/guides-and-factsheets

Advice
for carers
A practical guide

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